

Resources Recommended by Presenters and Participants

CPI 2020 Regional Training Session 1 (October 27, 2020)

The following resources were suggested by the participants or presenters (Wanda Boone, DTh, and Elizabeth Waetzig, JD) during Session 1 of the 2020 CPI Regional Training. These resources have not been reviewed by staff of the [Community Prevention Initiative \(CPI\)](#) or the California Department of Health Care Services (DHCS).



Inclusion on this list does not indicate endorsement from CPI or DHCS.

Books

The Deepest Well: Healing the Long-Term Effects of Childhood Adversity | Nadine Burke Harris

<https://www.hmhbooks.com/shop/books/The-Deepest-Well/9780544828728>

The Warmth of Other Suns | Isabel Wilkerson

<https://www.penguinrandomhouse.com/books/190696/the-warmth-of-other-suns-by-isabel-wilkerson>

Caste | Isabel Wilkerson

<https://www.penguinrandomhouse.com/books/653196/caste-oprahs-book-club-by-isabel-wilkerson>

These Truths: A History of the United States | Jill Lepore

<https://www.norton.com/books/9780393357424>

Whatever It Takes | Paul Tough

<https://www.paultough.com/books/whatever-it-takes>

The Transformation: Discovering Wholeness and Healing After Trauma | James Gordon

<https://www.harpercollins.com/products/the-transformation-james-s-gordon?variant=32116621049890>

Tightrope | Nicholas Kristof and Sheryl Wudunn

<https://www.penguinrandomhouse.com/books/588999/tightrope-by-nicholas-d-kristof-and-sheryl-wudunn>

Videos and Films

Paper Tigers

<https://kpirfilms.co/paper-tigers>

Resilience

<https://kpirfilms.co/resilience>

UC Davis Symposium Part I - Trauma in Immigrant Families: Public Charge, DACA and COVID-19

<https://www.youtube.com/watch?v=8jrwF4ITVWo>

UC Davis Symposium Part II: How health systems and providers can deliver trauma-informed care to immigrant families

<https://www.youtube.com/watch?v=sFx2ImzIOxl>

UC Davis Symposium Part 3: Financial Impacts and Policy Solutions for Trauma in Immigrant Families

<https://www.youtube.com/watch?v=aoafzpO6fFg>

Web-based Resources

SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach

https://ncsacw.samhsa.gov/userfiles/files/SAMHSA_Trauma.pdf

Original ACEs Study: About the CDC-Kaiser ACE Study

https://www.cdc.gov/violenceprevention/aces/about.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fviolenceprevention%2Facestudy%2Fabout.html

ACEs Connection

<https://www.acesconnection.com>

List of ACEs science books from ACEs Connections

<https://www.acesconnection.com/g/resource-center/blog/resource-list-aces-books>

Antiracism resource list from ACEs Connections

<https://www.acesconnection.com/g/aces-and-african-americans/blog/anti-racism-resources-list>

National Child Traumatic Stress Network

<https://www.nctsn.org>

Little Manila Rising

<https://www.littlemanila.org/home>

Search Institute: The Developmental Assets Framework

<https://www.search-institute.org/our-research/development-assets/developmental-assets-framework>

Seeking Safety Intervention

<https://www.treatment-innovations.org/ss-description.html>

Friday Night Live (FNL) Youth Development Survey

[2020 High School English](#) | [2020 High School Spanish](#)

[2020 Middle School English](#) | [2020 Middle School Spanish](#)

County Level Health Rankings

<https://www.countyhealthrankings.org>

A Guide for Rural Health Care Collaboration and Coordination

<https://www.ruralhealthinfo.org/resources/12964>



CPI is funded through the California Department of Health Care Services (DHCS) with training and technical assistance (TTA) administered through the Center for Applied Research Solutions (CARS). The TTA project is intended to serve California agencies and organizations involved in community-based prevention. CPI is able to provide no-cost TTA support for planning and prevention services that include a broad community perspective.

