



**NO-COST
TRAINING**

**Brief Intervention for Substance Using Adolescents
2-Day Online Training Event: Oct 9, 2020 & Oct 16, 2020
Co-hosted by Placer County Office of Education
Facilitated by Ira Sachnoff**

Online Training

Session 1: Friday, October 9, 2020, 8:30 AM – 12:00 PM

Session 2: Friday, October 16, 2020, 8:30 AM – 12:00 PM

Additional Information:

- **Training is provided free of charge.** Payment for CEUs is optional.

Please click on the link below to register:
<https://zoom.us/meeting/register/tJlufu6hqjMoE9K14qPIAywX4s2AxncPXIPt>

Continued Education Hours (Optional):

Six hours of Continuing Education Credit are available for online trainings. Course meets the qualifications for six hours continuing education credits for CCPS, BRNs, LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Association of Marriage and Family Therapists (CAMFT), CCAPP, and CA Board of Registered Nurses.

Optional C.E. hours are offered by CARS for \$25.00 and may be purchased at <https://tinyurl.com/CEU-Sign-Up-OctoberBI>. Cancellation charges depend on when the written cancellation notice is received. A full refund will be given only if more than 2 weeks' notice is given of a cancellation, see below for refund rates.

- 2 weeks' cancellation notice = Full refund
- Less than 14 days cancellation notice = No refund unless in exceptional circumstances, for which a medical certificate may be requested.

CARS is an approved provider for:

- CCAPP #4N-08-923-0718
- CA Board of Registered Nurses #16303
- CAMFT #131736

You are invited to attend the [Community Prevention Initiative \(CPI\)](#) Professional Competency No-Cost Training titled *Brief Intervention for Substance Using Adolescents*.

Training Description:

Brief Intervention is a short-term counseling intervention that consists of two to four sessions aimed at adolescents who use alcohol and/or other drugs. This approach uses motivational interviewing, cognitive behavior therapy and the stages of change model to meet the needs of adolescents. This training is appropriate for school counselors and staff working in drug prevention, treatment, mental health, probation, juvenile justice, or other youth-serving professionals.

Access agenda.

Learning Objectives:

- Examining the counselor's attitudes and relationship with teens.
- Learning to teach adolescents how to take a more active and reflective role in decisions about their own behavior.
- Identifying strategies that would support an adolescent driven plan to make decisions they see as beneficial.
- Increasing knowledge about drug and alcohol use among teens.
- Utilizing Motivation Interviewing to empower rather than enforce.

Target Audience:

School administrators, educators, staff, counselors, nurses, and staff working in drug treatment, mental health, probation, juvenile justice, or other youth serving professionals

Questions?

Host Contact: Anne Ashton, 530-745-1313,
aashton@placercoe.k12.ca.us

Registration Information: Amy Springmeyer, Community Prevention Initiative (CPI), aspringmeyer@cars-rp.org



CPI is funded through the California Department of Health Care Services, Substance Use Disorder Prevention, Treatment & Recovery Services Division (DHCS) with training and technical assistance (TTA) administered through the Center for Applied Research Solutions (CARS). The TTA project is intended to serve California agencies and organizations involved in community-based prevention. CPI is able to provide no-cost TTA support for planning and prevention services that include a broad community perspective.