



# **Substance Use Disorder (SUD) Prevention 101**

## **Key Concepts in Prevention**



Welcome to the Prevention 101 training.

This training is brought to you by the Center for Applied Research Solutions, or CARS. CARS is the contractor implementing the Community Prevention Initiative for the California Department of Health Care Services.

The Community Prevention Initiative offers training and technical assistance to the substance abuse prevention field free of charge.



# A Network of Cross-System Collaboration



The prevention field consists of organizations from various sectors of society within local, state, and national levels. A diverse array of organizations and individuals work collaboratively to accomplish the primary purpose of prevention to prevent substance use disorders and enhance the health and well-being of individuals, families, communities, and the broader society. Let's take a closer look at this network of organizations.

## Substance Abuse and Mental Health Services Administration (SAMHSA)

A department under the U.S. Department of Health and Human Services (HHS)

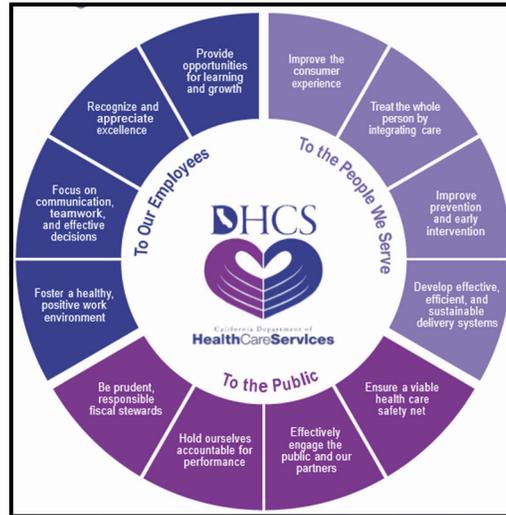
*SAMHSA's mission is to "reduce the impact of substance misuse and mental illness on America's communities."*



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The Substance Abuse and Mental Health Services Administration – SAMHSA – is the appointed federal agency for Behavioral Health which includes SUD and Mental Health Services. SAMHSA administers the Substance Abuse Prevention and Treatment Block Grant to each State (SABG). One of the centers in SAMHSA is the Center for Substance Abuse Prevention – or CSAP. SAMHSA, through CSAP, administers SUD prevention initiatives, programs, funding, and guidance to the national SUD prevention field. Other federal agencies that inform the national Pv field are the National Institute on Alcohol Abuse and Alcoholism, the National Institute for Drug Abuse, the Office of the U.S. Surgeon General, and the Office of National Drug Control Policy.

# California Department of Health Care Services (DHCS)



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**SAMHSA funds for California are provided to the California Department of Health Care Services.**

The Prevention Services Section is located under the Community Services Division at DHCS and monitors the distribution of SABG funds. DHCS supports the delivery of affordable, integrated, high-quality health care in California, including services related to SUD prevention, treatment, and recovery. Prevention and early intervention is one of DHCS' commitments "to the people we serve."

# Local Government Agencies



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DHCS allocates federal funding to county governments to administer and manage SUD prevention funding, planning, and implementation of SUD Pv services. DHCS allocates federal SABG prevention funds to the 58 California Counties based on population numbers. County governments typically designate a lead agency or staff position to manage SUD Pv services for the county. Direct services occur at the local level. Some counties directly implement services, other counties contract with non-county service providers to implement services, and some counties do both.

## Code of Federal Regulations (CFR) 45 Part 96

- Defines primary prevention services for the purposes of distribution of federal block grant funds.

*“Primary Prevention Programs are those directed at individuals who have not been determined to require treatment for substance abuse. Such programs are aimed at educating and counseling individuals on such abuse and providing for activities to reduce the risk of such abuse.”*

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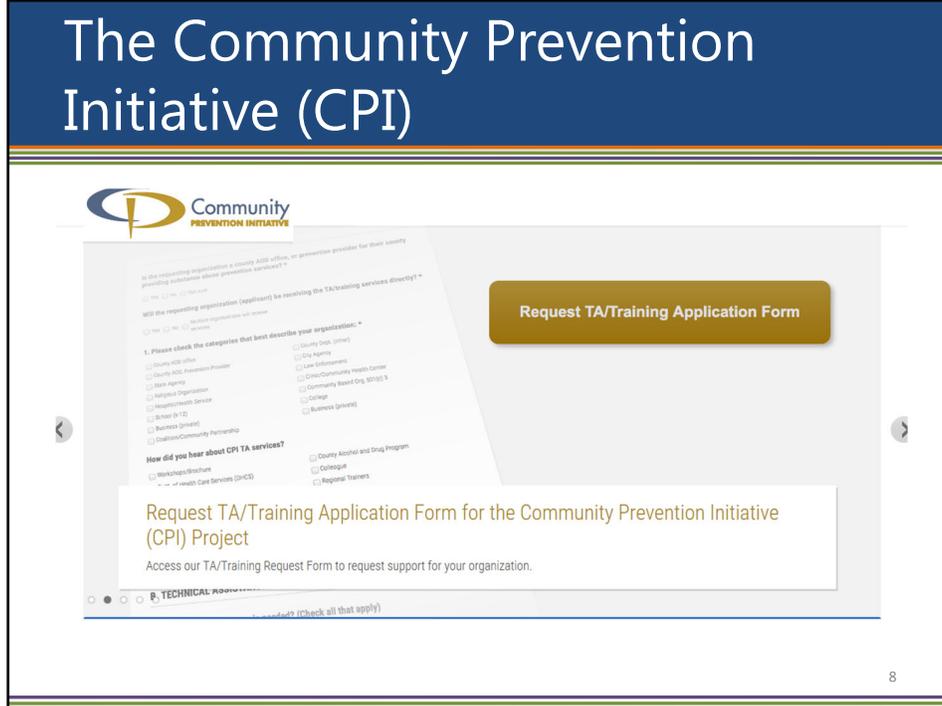
Per SAMHSA requirements, SABG funds for prevention must fall under primary prevention as defined by the Code of Federal Regulations (CFR) 45 part 96.

From the CFR:

For purposes of §96.124, each State/Territory shall develop and implement a comprehensive prevention program which includes a broad array of prevention strategies directed at individuals not identified to be in need of treatment. The comprehensive program shall be provided either directly or through one or more public or nonprofit private entities. The comprehensive primary prevention program shall include activities and services provided in a variety of settings for both the general population, as well as targeting sub-groups who are at high risk for substance abuse.

These guidelines are incorporated into how prevention services are defined and monitored in California, and are in alignment with the CSAP 6.

# The Community Prevention Initiative (CPI)



A portion of the SAMG funding is allocated to administer the Community Prevention Initiative (CPI), a no-cost training and technical assistance program for SUD Pv providers throughout the state. CPI offers training through onsite training sessions, webinars, and online courses. CPI training is designed to enhance professional competencies for substance use disorder prevention work in the state. The courses are directed toward the prevention field workforce and to those from related fields that interface with substance use issues. Prevention efforts are enhanced when SUD prevention knowledge is extended to partners working in the fields of education, mental health, law enforcement, the judicial system, and public health.

More is available for you!

Visit the CPI website for more  
no-cost resources, webinars, and  
trainings on prevention topics:

<http://www.ca-cpi.org/>



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