

STEPP Participation

For Counties that Receive Substance Abuse Prevention and Treatment Block Grant Funds (SABG):

Participants are SABG-funded counties whose SPP plans are due the following year. Counties may participate in all STEPP services or select individual services as needed. DHCS encourages full County participation in STEPP to produce a quality SPP that will ensure DHCS approval.

For Agencies and Organizations that do not Receive SABG Funds:

No-cost technical assistance services are available to support non-SABG agencies and organizations that administer prevention efforts. Agencies can benefit from the following STEPP resources that pertain to strategic planning: webinars, core competencies, SPP Guide, SPP Workbook, and one-on-one consultation. Other technical assistance services include onsite trainings, live webinars, prevention publications, practical tools, and resource banks. Visit the CPI website to request technical assistance or to learn more about available prevention resources.

The STEPP Project

The STEPP Project is a compilation of technical assistance services specifically designed to support counties and agencies developing a strategic prevention plan (SPP) utilizing the Strategic Prevention Framework (SPF). STEPP is implemented through the Community Prevention Initiative (CPI) in a collaborative effort between the Department of Health Care Services (DHCS) and the Center for Applied Research Solutions (CARS). The STEPP Project aligns with the SPF guidance by the Substance Abuse and Mental Health Services Administration (SAMHSA) and the SPP requirements set forth by DHCS in the State-County Contract.

STEPP Project Lead Contacts

Erika Green, M.S.
CPI Project Director (CARS)
(707) 568-3800 Ext. 202
egreen@cars-rp.org

Lorraine Frias
CPI Contract Monitor (DHCS)
(916) 713-8614
lorraine.frias@dhcs.ca.gov



Community Prevention Initiative

Visit the CPI Website: www.ca-cpi.org
Contact: 877-568-4227 or cpinfo@cars-rp.org
Request TA: www.ca-cpi.org/training/form_TA_application.php



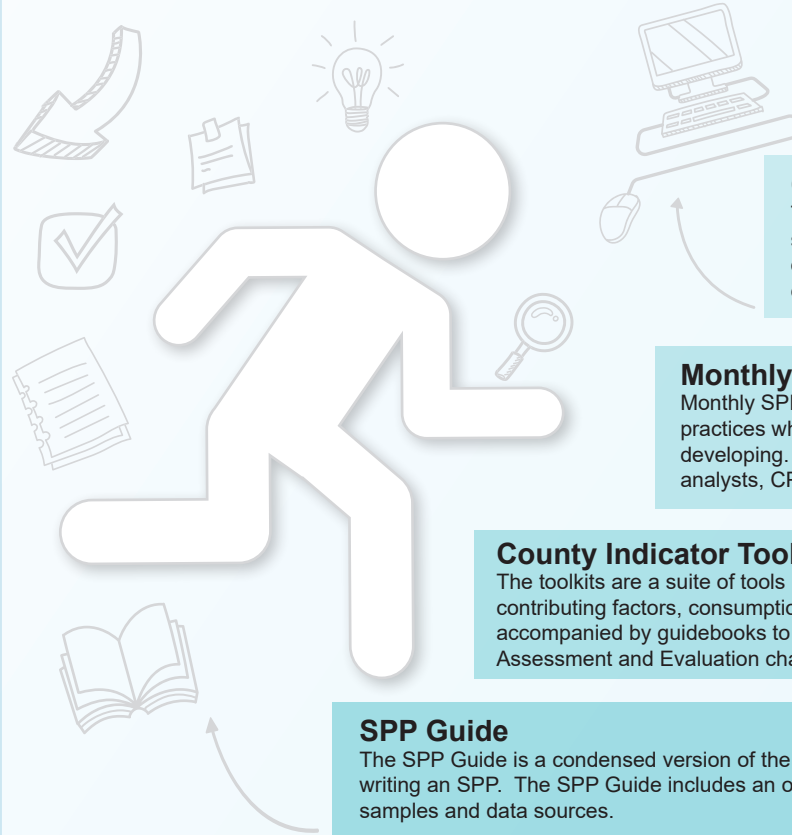
Strategic Training and Education for Prevention Planning (STEPP) Project

Purpose

The purpose of the STEPP Project is to coordinate and provide cohesive, strategic technical assistance services to counties that have Strategic Prevention Plans (SPPs) due the following contract year.

Benefits

- STEPP was designed to transform a complex process into a segmented, easy-to-understand format.
- Ongoing Strategic Prevention Framework (SPF) training and SPP review by competent prevention experts ensures quality SPPs.
- Quality SPPs identify prevention efforts based on data-informed assessment and evaluation that leads to behavioral change and impacts overall health and wellness of the communities we serve.



Webinars

Webinars on SPF topics are offered throughout the STEPP Project to coincide with the current SPF step.

Core Competencies

The five online trainings are designed to build capacity in each of the SPF steps: Assessment, Capacity, Planning, Implementation, and Evaluation. The online trainings are optional, but the core competencies are a prerequisite for each chapter of the SPP Workbook. <http://procomp.ca-cpi.org/>

Monthly SPF Calls

Monthly SPF calls provide a forum for counties to network and discuss challenges and best practices while writing the SPP. Calls align with the SPP step that counties are currently developing. Participants include Prevention Coordinators, the CPI Project Director, DHCS analysts, CPI consultants, and guest speakers.

County Indicator Toolkits

The toolkits are a suite of tools utilizing Excel spreadsheets to collect reliable substance use data to illustrate contributing factors, consumption rates, and consequences. The toolkits contain Excel workbooks and are accompanied by guidebooks to help you collect and input data to support data analysis required for the Assessment and Evaluation chapters of the SPP.

SPP Guide

The SPP Guide is a condensed version of the SPP Workbook and is intended for individuals who are proficient in the SPF and writing an SPP. The SPP Guide includes an overview of each SPF step, considerations for each step, and an appendix with samples and data sources.

SPP Workbook for Counties

The SPP Workbook is a step-by-step document that mirrors SAMHSA's Substance Abuse Prevention Skills Training (SAPST). The SPP Workbook guides the STEPP Project. Completing the SPP Workbook with fidelity will ensure DHCS approval for county SPPs.

Technical Assistance from a CPI Consultant

CPI has a pool of consultants with SPF expertise who will work collaboratively with the county and the DHCS analyst to ensure maximum support. A consultant can be requested for the entire duration of the STEPP Project or for specific topics.

STEPP Introductory Call

The STEPP Introductory Call will present the STEPP services available and assess the county's capacity to develop a quality SPP. A CPI consultant will conduct the call with the county. CPI will develop an introductory consultation summary that will document findings and identify county needs relative to each SPF step.

DHCS Analyst Support & Project Oversight

DHCS analysts support their assigned counties by participating in the Monthly County SPF calls, providing informational resources, reviewing each SPP chapter, and approving the final SPP. Analysts are required to ensure that counties are compliant with the State-County Contract and work with counties to develop action plans and timelines.