



# Professional Competency Trainings

## CPI Professional Competency No-Cost Training

### Brief Intervention (BI) for Substance Using Adolescents – February 13, 2019

Facilitated by: Ira Sachnoff

#### When:

Wednesday, February 13, 2019  
9:00 AM - 3:30 PM  
Registration begins at 8:30 AM

#### Where:

PCOE Seavey Center  
655 Menlo Drive, Rocklin, CA 95765

#### Additional Information:

Light breakfast and lunch will be provided.  
Training is provided at no cost.

Please click on the link below to register:

<https://tinyurl.com/PlacerBItraining>

#### Continued Education Hours:

Six hours of Continuing Education Credit are available for onsite trainings. Course meets the qualifications for six hours continuing education credits for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Association of Marriage and Family Therapists (CAMFT).

C.E. hours are offered by CARS for \$25.00 and **must be paid in advance during the online registration process**. No payment will be accepted onsite. Cancellation charges depend on when the written cancellation notice is received. A full refund will be given only if more than 2 weeks' notice is given of a cancellation, see below for refund rates.

- 2 weeks' cancellation notice = Full refund
- Less than 14 days cancellation notice = No refund unless in exceptional circumstances, for which a medical certificate may be requested.

#### CARS is an approved provider for:

CCAPP #4N-08-923-0718  
CA Board of Registered Nurses #16303  
CAMFT #131736

You are invited to attend the [Community Prevention Initiative \(CPI\)](#) Professional Competency No-Cost Training titled *Brief Intervention for Substance Using Adolescents*.

#### Training Description:

BI is a short-term counseling intervention that consists of two-four sessions aimed at adolescents who use alcohol and/or other drugs. This approach uses motivational interviewing, cognitive behavior therapy and the stages of change model to meet the needs of adolescents. This training is appropriate for school counselors and staff working in drug prevention, treatment, mental health, probation, juvenile justice or other youth-serving professionals.

#### Learning Objectives:

- Examining the counselor's attitudes and relationship with teens.
- Learning to teach adolescents how to take a more active and reflective role in decisions about their own behavior.
- Identifying strategies that would support an adolescent driven plan to make decisions they see as beneficial.
- Increasing knowledge about drug and alcohol use among teens.
- Utilizing Motivation Interviewing to empower rather than enforce.

#### Target Audience:

School Administrators, Educators, Staff, Counselors and Nurses

#### Questions?

Host Contact: Anne Ashton, Placer County Office of Education, [aashton@placercoe.k12.ca.us](mailto:aashton@placercoe.k12.ca.us); (530) 745-1313 or  
Laura Ralph, [lralph@placercoe.k12.ca.us](mailto:lralph@placercoe.k12.ca.us); (530) 745-1489

Registration Information: Kari DeCelle, Community Prevention Initiative (CPI), [kdecelle@cars-rp.org](mailto:kdecelle@cars-rp.org)

