

Suicide.org

Suicide Prevention, Awareness, and Support

Suicide.org is a 501c3 NON-PROFIT Organization and Website

[Suicide.org Suicide Survivors Forum - Click for Info!](#)

Click Here if
You are Suicidal

Help Save Lives:

[Donate](#)

Search Suicide.org

HOME

What's New at
Suicide.org

Suicide Articles

Suicide.org Websites

Suicide Warning Signs

Suicide Causes

Suicide FAQs

Depression & Suicide

Bipolar Disorder &
Suicide

Schizophrenia &
Suicide

PTSD & Suicide

Postpartum
Depression & Suicide

Domestic Violence &
Suicide

Rape & Suicide

Divorce & Suicide

Suicide Myths

Stigma & Suicide

Suicide Statistics

Teen Suicide &

California Suicide Hotlines

ALAMEDA COUNTY

[Crisis Support Services
of Alameda County](#)

24-hour Crisis Line
1-800-309-2131

ALAMEDA COUNTY (SOUTHERN)

Serving Fremont, Newark, Union
City and the Eden area

[Second Chance, Inc.](#)

[Hotline](#) - 8am-10pm Weekdays

(510) 792-HELP (4357)

[Off Hours Call-back](#)

Weekends & 10pm-8am M-F

BUTTE COUNTY

[Department of Behavioral
Health](#)

Crisis Lines

24 hours / 7 days

Free Suicide.org
Newsletter!

Enter Your Email:

Go

Suicidal?

Need Help Now?

Call 911

or

1-800-SUICIDE
(1-800-784-2433)

or

1-800-273-TALK
(1-800-273-8255)

or

Text Telephone:
1-800-799-4TTY
(1-800-799-4889)

Military Veterans

Suicide Hotline:

1-800-273-TALK
(Press 1)

Suicide Hotline
in Spanish:

1-800-273-TALK
(Press 2)

LGBT Youth

Suicide Hotline:

1-866-4-U-TREVOR

Click Below

- Youth Suicide
- Bullying & Suicide
- College Student Suicide
- School Suicide Prevention Program
- Elderly Suicide
- Racism & Suicide
- Gay & Lesbian Suicide
- How to Help a Suicidal Person
- How to Talk to Suicidal Callers
- Suicide Survivors
- Wall of Angels Suicide Memorials
- Suicide Hotlines
- E-mail Support
- Media Guidelines for Suicide Reporting
- Suicide Books
- Links
- Suicide.org MySpace
- About Suicide.org
- Team Suicide.org
- Contact Suicide.org

- Make Suicide.org Your Home Page
- Bookmark Suicide.org
- Link to Suicide.org

Adults
(530) 891-2810
1-800-334-6622

Youth
(530) 891-2794
(800) 371-4373

CALAVERAS COUNTY

[Mental Health Department](#)

[Crisis Services](#)

24 hours / 7 days

(209) 754-3239

1-800-499-4030

CONTRA COSTA COUNTY

[Contra Costa Crisis Center](#)

24-hour Suicide / Crisis Hotline

1-800-833-2900

TTD/TTY (925) 938-0725

[Mental Health Services](#)

[Crisis Services](#) - 24 hours / 7 days

1-888-678-7277

[Department of Mental Health](#)

Psychiatric Emergency Services

24 hours / 7 days

Placerville

(530) 622-3345

South Lake Tahoe

(503) 544-2219

GARDEN GROVE

Dr. Robert H. Schuller's **[Crystal Cathedral](#)**

[New Hope Telephone Counseling Center](#)

For More Suicide Hotlines

Suicide Hotlines

Free Suicide Prevention Program

No Suicide Contracts

How to Help a Suicidal Person

If Your Loved One Needs Hospitalization

Suicide Survivors Support Groups

Help & Comfort for Suicide Survivors

Wall of Angels Suicide Memorials

Make Suicide.org Your Home Page

Bookmark Suicide.org

Link to Suicide.org

24 hours / 7 days
(714) NEW-HOPE
(714) 639-4673

New Hope Online Counseling

Live crisis intervention & support

TeenLine Hotline Help Center

5:00pm - 9:00pm
(714) NEW-TEEN
(714) 639-8336

IMPERIAL COUNTY

Behavioral Health Services
Imperial Valley Crisis Hotline

24 hours / 7 days

(760) 482-4000

1-800-817-5292

LASSEN COUNTY

LASSEN COUNTY Mental Health

24-Hour Crisis Response

1-888-530-8688

LOS ALAMITOS

Hotline of Southern California

Crisis Hotline - 10am-12midnight /
7 days

(562) 596-5548

(714) 894-4242

LOS ANGELES COUNTY

LOS ANGELES COUNTY

Department of Mental Health

Hotline - 24 hours / 7 days

1-800-854-7771

LOS ANGELES COUNTY

[Didi Hirsch Community](#)

[Mental Health Center](#)

[Suicide Prevention Center](#)

24 hours / 7 days

(310) 391-1253

1-877-7CRISIS

1-877-727-4747

LOS ANGELES

Cedars Sinai Medical Center

[TEEN LINE® Online](#)

"Teens Helping Teens"

6:00pm - 10:00pm pst - 7 days

Toll Free Inside California

1-800-TLC-TEEN

1-800-852-8336

Outside California or If Line is Busy

1-310-855-HOPE

1-310-855-4673

Okay to call collect. Or we can
call you back if long distance.

Get an **[e-mail](#)** response from a

Teen Line Listener

at **[HELPOne](#)** and view other

responses

in the **[HELPOne Archives](#)**

LOS ANGELES

Foundation for Religious Freedom

9am - 5pm

24 hour voice mail

when busy or after hours

1-800-556-3055

MARIN COUNTY

MARIN COUNTY
Community Mental Health
Services

Psychiatric Emergency Services
24 hours / 7 days

(415) 499-6666

Family Service Agency of Marin

24-Hour Suicide Prevention &
Crisis Hotline

(415) 499-1100

24-Hour Grief Counseling

(415) 499-1195

MENDOCINO COUNTY

MENDOCINO COUNTY

Department of
Mental Health

Crisis Lines - 24 hours /
7 days

Fort Bragg **(707) 964-**
4747

Ukiah **(707) 463-4396**

Willits **(707) 456-**
3850

Community Help Line
1-800-575-HELP
(4357)

NEVADA COUNTY

NEVADA COUNTY
Human Services Agency
Behavioral Health Department

Crisis Line

24 hours / 7 days

(530) 265-5811

PLACER COUNTY

**[PLACER COUNTY
Child & Adult Crisis &
Emergency Services](#)**

ACCESS Team

24 hours / 7 days

(530) 886-5401

Auburn

1-888-886-5401

PLUMAS & SIERRA COUNTIES

**[Plumas Crisis Intervention &
Resource Center](#)**

[Crisis Line](#)

24 hours / 7 days

(530) 283-4333

1-877-215-7273

RIVERSIDE

California Youth Crisis Line
For Ages 12-24 - All Youth Issues
24 hours / 7 days

1-800-843-5200

Depression, Suicide, Runaway,
Pregnancy, Aids, and more

**[RIVERSIDE COUNTY
Department of Mental Health,
Western Region](#)**

Volunteer Center of Riverside

Helpline of Riverside
24 hours / 7 days

(951) 686-HELP (4357)

SACRAMENTO

Serving El Dorado, Placer,
Sacramento, & Yolo Counties

**[Family Service Agency of
Sacramento](#)**

Crisis Lines

24 hours / 7 days

Auburn **(530) 885-2300**
Lincoln **(916) 645-8866**
Roseville **(916) 773-3111**
Sacramento **(916) 368-3111**

SACRAMENTO COUNTY

**[County of Sacramento DHHS
Mental Health Services
Crisis Intervention](#)**

24 hours / 7 days

(916) 732-3637

SAN BERNARDINO COUNTY

Family Service Agency of San
Bernardino

Crisis Line - Mon-Fri - 9am to 8pm

1-800-832-9119

SAN DIEGO COUNTY

[SAN DIEGO COUNTY](#)

[United Behavioral Health](#)

[Access & Crisis Line](#)

24 hours / 7 days

1-800-479-3339

(619) 641-6992 TDD

SAN FERNANDO COUNTY

**California State University
NorthRidge**

CSUN HelpLine

6pm to 12am - Sun-Thurs
7pm to 10pm - Fri-Sat

**(818) 349-HELP (4357)
V/TDD**

SAN FRANCISCO

Institute On Aging

**Center for Elderly Suicide
Prevention and Grief**

24 hours / 7 days

Friendship Line for the Elderly
Toll-Free Nationwide
1-800-971-0016

San Francisco
(415) 752-3778

Suicide and the Elderly

**SAN FRANCISCO Suicide
Prevention**

24-Hour Crisis Hotline
(415) 781-0500

**E-mail - 48 Hour Response
Time**

AIDS/HIV/HCV National Nightline
(415) 434-AIDS
1-800-273-AIDS

Linea Nocturna - Spanish Nightline
8:00 PM to 12:00 AM

(415) 989-5212

1-800-303-SIDA

SAN JOAQUIN COUNTY

**[SAN JOAQUIN COUNTY
Mental Health Services](#)**

[The Crisis Intervention Center](#)

Crisis Phone - 24-hour Response

(209) 468-8686

SAN JOSE & the Silicon Valley

[CONTACT Cares](#)

Crisis Line - 24 hours / 7 days

(408) 279-8228

Teen/Youth Line for Ages 7-24

1-888-247-7717

SAN LUIS OBISPO COUNTY

**[Hotline of San Luis Obispo
County](#)**

24 hours / 7 days

(805) 549-8989

1-800-549-8989

Senior Services **(805) 544-0566**

SAN MATEO COUNTY

**[YFES Crisis Intervention
& Suicide Prevention Center](#)**

24-hour Crisis Hotlines

North County **(650) 579-0350**

South County **(650) 368-6655**

Coastside **(650) 726-6655**

Teen Hotline & **[Website - On Your](#)**

Mind.net

Monday Through Thursday

4:30 - 9:30 pm (PST)

Hotline **(650) 579-0353**

SANTA BARBARA COUNTY

[Family Service Agency](#)

Information & Referral/Crisis
Intervention

[HelpLine](#) - 24 hours / 7 days

1-800-400-1572

Santa Barbara **(805) 899-0061**

Santa Maria **(805) 928-5818**

Lompoc **(805) 734-2711**

Santa Ynez **(805) 688-1905**

SANTA CLARA COUNTY

Santa Clara Valley Health &
Hospital System

[Suicide & Crisis Service](#)

24 hours / 7 days

San Jose **(408) 279-3312**

North County **(650) 494-8420**

South County **(408) 683-2482**

SANTA CRUZ

Serving Monterey, San Benito, &
Santa Cruz Counties
Suicide Prevention Service
of the Central Coast

Crisis Hotline - 24 hours / 7 days

1-877-ONE-LIFE

1-877-663-5433

Santa Cruz County **(831) 458-5300**

Monterey Peninsula **(831) 649-8008**

SHASTA COUNTY

[Help, Inc. Helpline](#)

24 hours / 7 days

(530) 225-5252

Eastern Shasta County

1-800-821-5252

SISKLYOU COUNTY

**[SISKLYOU COUNTY
Behavioral Health Services](#)**

[Crisis Line](#)

24 hours / 7 days

1-800-842-8979

STANISLAUS COUNTY

**[Behavioral Health & Recovery
Services](#)**

**[Emergency Mental Health
Assessment & Referral Services](#)**

24 hours / 7 days

(209) 558-4600

**SUTTER COUNTY /
YUBA COUNTY**

**[SUTTER-YUBA
Mental Health Services](#)**

24-hour Psychiatric
Emergency/Crisis Services

(530) 673-8255
1-888-923-3800

VENTURA COUNTY

[VENTURA COUNTY](#)
[Behavioral Health](#)

[Crisis Team - Suicide / Crisis](#)
[Line](#)

24 hours / 7 days

(805) 652-6727

YOLO COUNTY

[Suicide Prevention & Crisis](#)
[Services of Yolo County](#)

Crisis Lines - 24 hours / 7 days

Davis **(530) 756-5000**

Woodland **(530) 666-7778**

West Sacramento **(916) 372-**
6565

[\(ASK\) Allied Services for Kids](#)

Crisis Lines for Kids - 24 hours / 7
days

Davis **(530) 753-0797**

Woodland **(530) 668-8445**

West Sacramento **(916) 371-**
3779

All Content Copyright © Suicide.org. All Rights Reserved.

No material or images may be copied from Suicide.org without expressed written consent.

Disclaimer and Terms of Use: Suicide.org is provided for informational and educational purposes only; is not intended to diagnose or treat suicidal individual; and is not intended to constitute medical advice. While care has been taken in the preparation of the information contained on Suicide.org, all information is provided on an "as is" basis without any representation, warranty or condition, whether express or implied, statutory or otherwise, as to: quality; accuracy; completeness; legality; reliability; efficacy; or fitness for any particular purpose. Anyone using this information does so at his or her own risk, and by using such information agrees to indemnify Suicide.org and its content providers from any and all liability, loss, injury, damages, costs and expenses (including legal fees and expenses) arising from such person's use of the information and resources on this website. Anyone who is suicidal should call 911 now and receive help from trained mental health professionals.