

# Prevention Extension Workshop Series



## CPI Prevention Extension No-Cost Training

**Brief Intervention for Substance Using Adolescents – November 30, 2017**

**Facilitated by: Ira Sachnoff**

### When:

Thursday, November 30, 2017  
9:00 AM – 4:00 PM  
Registration begins at 8:30 AM

### Where:

Contra Costa County Office of Education (Board Room)  
77 Santa Barbara Rd  
Pleasant Hill, CA 94523

### [Driving Directions](#)

Coffee, snacks, and lunch will be provided.

Please click on the link below to register:

<https://tinyurl.com/ContraCostaBI>

### Continued Education Hours:

6 Hours of Continuing Education Credit are available for onsite trainings. Course meets the qualifications for 6 hours continuing education credits for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Board of Behavioral Sciences.

C.E. Hours are offered by CARS for \$25.00 and **must be paid in advance during the online registration process**. No payment will be accepted onsite. Cancellation charges depend on when the written cancellation notice is received. A full refund will be given only if more than 2 weeks' notice is given of a cancellation, see below for refund rates.

-2 weeks' cancellation notice: Full refund

-Less than 14 days' cancellation notice: No refund unless in exceptional circumstances, for which a medical certificate may be requested.

### CARS is an approved provider for:

CCAPP # 4N-08-923-0718  
CA Board of Registered Nurses # 16303  
CAMFT # 131736

You are invited to attend the [Community Prevention Initiative \(CPI\)](#) Prevention Extension No Cost Workshop, "Brief Intervention for Substance Using Adolescents."

### Training Description:

This training is to build skills of counselors working with adolescents. BI is a short-term counseling intervention that consists of 2 to 4 sessions aimed at adolescents who use alcohol and/or other drugs. This approach uses motivational interviewing, cognitive behavior therapy and the stages of change model to meet the needs of adolescents.

### Learning Objectives:

- Examining the counselor's attitudes and relationship with teens
- Learning to teach adolescents how to take a more active and reflective role in decisions about their own behavior.
- Identifying strategies that would support an adolescent driven plan to make decisions they see as beneficial
- Increasing knowledge about drug and alcohol use among teens
- Utilizing Motivation Interviewing to empower rather than enforce

### Target Audience:

School Administrators, Educators, Staff, Counselors and Nurses

### Questions? Contact Us!

Host Contact: Emily Justice  
[ejjustice@cccoe.k12.ca.us](mailto:ejjustice@cccoe.k12.ca.us) or (925) 942-5328

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