

CPI Newsletter



Making substance use disorder prevention more accessible to communities in California.

WHAT'S NEW?

Fall 2016 Newsletter

In this issue of the CPI newsletter, we are pleased to announce several exciting new resources and upcoming trainings that are available to support your prevention efforts.

2016 CPI Field Survey

Many of you responded to the 2016 CPI Field Survey we distributed in September. The survey gathered field recommendations on priority topics for trainings and products relevant to your needs. We greatly appreciate your time and input, and welcome ongoing feedback throughout the year as new priorities emerge. If you were not able to participate in the online survey, contact CPI Project Director Erika Green at egreen@cars-rp.org to share any future recommendations you may have. Stay tuned to upcoming newsletters and the CPI website for trainings and technical assistance opportunities that reflect your requests.

Announcements

Thank You for Helping Make the “All About Data” CPI Regional Trainings a Success!

This summer, over 200 members of the California substance use disorder prevention (SUD Pv) community joined CPI and the Department of Health Care Services (DHCS) for the annual CPI Regional Trainings. Presentations addressed Social Determinants of Health, Adverse Childhood Experiences, Pv marketing and data storytelling, and more hot topics related to Pv data. We hope to see you again at the 2017 CPI Regional Trainings and invite you to visit the CPI website for no-cost onsite and online training opportunities available year-round.

Download the regional training binder materials: <http://www.ca-cpi.org/docs/RegionalForums/2016-CPI-Regional-Training-OC.zip>

Resource for Tracking Your Professional Development Activities

During the month of August, the California Consortium of Addiction Programs and Professionals (CCAPP) offered a special application period for the Prevention Specialist Certification. CPI supported this process by helping requestors document the CPI trainings they had completed for the Prevention Specialist education requirements. Although the deadline for the special application period has passed, you can still use the training matrix CPI developed to track the CEUs you have acquired to support your future Prevention Specialist application.

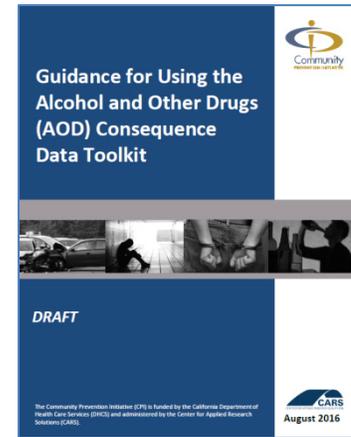
Download the CPI Training Matrix for CCAPP Education Domains: <http://ca-cpi.org/docs/CPI-Training-Matrix-CCAPP.pdf>

New Products and Resources

New Data Support: County Indicator Toolkit

The 2016 Regional Trainings showcased the County Indicator Toolkit and the accompanying instructional document. The purpose of the Toolkit is to provide a simplified resource to allow for the easy collection and assessment of SUD data indicators. The Toolkit will allow Prevention Coordinators and the Pv community to optimize planning and outcome evaluation efforts in their communities. CPI is currently expanding the Toolkit to allow for the collection and assessment of consumption and contributing factors data indicators.

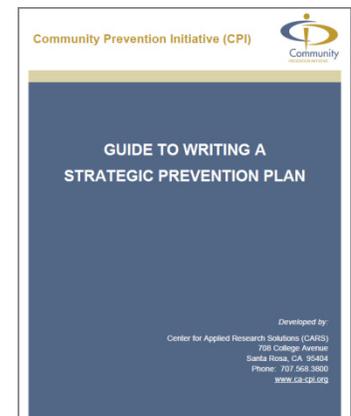
To request the County Indicator Toolkit, please [contact CPI](#).



New Resource: *Guide to Writing a Strategic Prevention Plan*

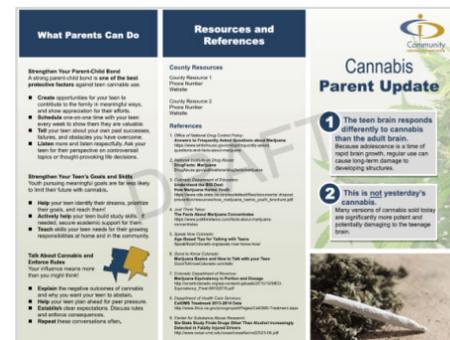
CPI developed an *SPP Guide* to help counties write their Strategic Prevention Plans (SPPs). The *SPP Guide* is a condensed version of the SPP Workbook and is organized into an introduction, five sections, and an appendix that contains samples and data resources. Each section corresponds to one of the five steps of the Strategic Prevention Framework (SPF). The *SPP Guide* is intended for those who do not need step by step instructions on how to complete a SPP. Coalitions, community groups, and nonprofit agencies engaged in strategic planning for program or funding purposes can also utilize the *SPP Guide*.

Download the CPI *Guide*: <http://ca-cpi.org/docs/Publications/Other/Guide-to-Writing-SPP.pdf>



Customizable Brochure: “Cannabis - Parent Update”

In response to popular demand from the field, CPI developed a brochure that counties can customize and distribute as part of their cannabis use Pv activities. This project was spearheaded by the Prevention Coordinators’ Marijuana Workgroup, which also provided feedback on the brochure. “Cannabis – Parent Update” focuses on research-based information about the neurological, emotional, and developmental risks posed by cannabis. It includes strategies to help parents talk to their teenaged children about using cannabis. The brochure is specifically designed for parents and/or caregivers, but would also be useful for other community members, such as school administrators and staff.



Download the brochure: <http://www.ca-cpi.org/docs/Cannabis-Parent-Update-Brochure.pdf>
Contact CPI to receive a customized brochure for your county.

Welcome to a New Year of the STEPP Project

The Strategic Training and Education for Prevention Planning (STEPP) Project is a compilation of CPI team and DHCS analysts' technical assistance services specifically designed to help counties and agencies develop an SPP for the following year. The 16-month STEPP support process includes group activities, one-on-one technical assistance, and topical resources. STEPP Project training and technical assistance (TTA) services are also available to other state entities and Pv professionals developing strategic plans.



Download the new STEPP brochure to learn more: <http://www.ca-cpi.org/docs/STEPP-Project-Brochure.pdf>

Archived Publications

CPI develops publications that are relevant, timely, and research based. The appropriate resources can make your work easier by translating sophisticated research findings into concrete tips and strategies for practical application. The CPI Prevention Tactics and other products are downloadable and available at no cost. Visit http://www.ca-cpi.org/resources/browse_resources.php to browse the CPI library.

WHAT'S AVAILABLE FOR YOU?

Online Training Series



The first five courses of the Professional Competencies, the “Core Competencies,” are available online at the CPI website and can be taken individually or as a whole series. The Core Competencies build proficiency in the SPF and include:

- Assessment: Assessing needs, resources, and readiness
- Capacity Building: Building capacity and community organizing
- Planning: Using outcome-based logic models and developing strategic plans
- Implementation: Implementing evidence-based policies, programs, and practices
- Evaluation: Monitoring and evaluating programs and strategies

Visit the newly redesigned Online Trainings website here: <http://procomp.ca-cpi.org/>

Prevention Extension (PX) Trainings

The CPI project is committed to providing high quality, no cost on-site PX trainings to the Pv field on a variety of emerging and relevant topics. PX trainings are facilitated throughout the state and provide training on best practices in SUD Pv. Continuing Education Units are offered for a nominal fee.

Visit http://www.ca-cpi.org/training/PX_workshops.php to request a PX training or learn about upcoming PX training events.

PX Brief Intervention (BI) for Youth

Facilitator: Ira Sachnoff, MA

Thursday, October 6, 9:00 a.m. - 3:30 p.m. PDT – Sacramento County

<http://events.r20.constantcontact.com/register/event?llr=8wdk4ubab&oeidk=a07ed6w47zwf973d01b&>

This training is designed to build the skills of counselors working with adolescents. BI is a short-term counseling intervention that consists of 2-4 sessions aimed at adolescents who participate in experimental substance use. The BI objective is to reverse specific aspects of experimental behavior through intervention. Strategies used include motivational interviewing, cognitive behavior therapy, and the stages of change model that meet the needs of adolescents.

Archived Webinars

CPI has a robust library of archived webinars that are viewable anytime from the CPI website: http://www.ca-cpi.org/training/webinars_past.php. The webinars address a wide array of topics that continue to support the needs of the Pv field. Recently archived webinars include:

- [Evaluating Environmental Strategies](#) – This webinar reviews evaluation methods that can be used to assess the impact of environmental Pv efforts.
- [Marijuana Prevention in Action: Lessons from the Field](#) – This webinar provides an overview of the current landscape of marijuana use in California while concentrating on Pv strategies and community mobilization efforts that address marijuana use Pv.
- [Introduction to Logic Models](#) – This webinar explains the importance of logic models for Pv planning and provides guidance for developing an effective and accurate logic model.

Customized Technical Assistance (TA)

TA is tailored to meet the individual needs of the Pv field. Subject matter experts provide TA through consultation calls or site visits to assist with specified areas as requested by the Pv professional. Examples of consultation topics include:

- Strategic Planning
- Logic Model Development
- Evidence-Based Practices and Programs
- Local Evaluation Strategies

Request TA: http://ca-cpi.org/training/form_TA_application.php

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Are you subscribed to the CPI Newsletter? If you would like to receive the quarterly newsletter, email Joanne Oshel at joshel@cars-rp.org.

CPI is funded through the California Department of Health Care Services (DHCS), Substance Use Disorder Program, Policy and Fiscal Division (SUD PPF) with training and technical assistance (TTA) administered through the Center for Applied Research Solutions (CARS). The TTA project is intended to serve California agencies and organizations involved in community-based prevention. CPI is able to provide no-cost TTA support for planning and prevention services that include a broad community perspective.



707.568.3800 Phone
707.568.3810 Fax

